



## A reflection by the Venerable Servant of God, Archbishop Fulton J Sheen

Three in one, Father, Son, and Holy Ghost; three persons in one God; one in essence, distinction of persons — such is the mystery of the Trinity, such is the inner life of God. Just as I am, I know, and I love and yet am one; just as the three angles of a triangle do not make three triangles but one; just as the heat, power, and light of the sun do not make three suns, but one; just as water, air, and steam are all manifestations of the one substance; just as the form, colour, and perfume of the rose do not make three roses, but one; just as our soul, our intellect, and our will do not make three substances, but one; just as one times one times one times one, does not equal three, but one — so too in some much more mysterious way, there are three Persons in God and yet only one God.

The Trinity is the answer to the questions of Plato. If there is only one God, what does He think about? He thinks an eternal thought; that is, His Eternal Son. If there is only one God, whom does He love? He loves His Son, and that mutual love is the Holy Spirit. I firmly believe that the great philosopher was fumbling about for the mystery of the Trinity, for his great mind seemed in some small way to suspect that an infinite being must have relations of thought and love and that God cannot be conceived without thought and love. But it was not until the Word became incarnate that man knew the secret of those relations and the inner life of God.

It is that mystery of the Trinity which gives the answer to those who have pictured God as an egotist God, sitting in solitary splendour before the world began, reduced to loving Himself as a selfish deity; for the Trinity is a revelation that, before creation, God enjoyed the amiable society of His three Persons, the infinite communion with Truth and the embrace of infinite Love, and hence had no need ever to go outside Himself in search of happiness. The greatest wonder of all, then, is, that being perfect and enjoying perfect happiness. He ever should have made a world. And if He did make a world, He could only have had one motive for making it. It could not add to His perfection; it could not add to His truth; it could not increase His happiness. He made a world only because He loved.

Finally, it is the mystery of the Trinity, which gives the answer to the quest for our happiness and the meaning of Heaven. Heaven is not a place where there is the mere vocal repetition of alleluias or the monotonous fingering of harps. Heaven is a place where we find the fullness of all the fine things we enjoy on this earth. Heaven is a

place where we find, in their plenitude, those things which slake the thirst of hearts, satisfy the hunger of starving minds, and give rest to unrequited love. Heaven is the communion with perfect Life, perfect Truth, and perfect Love, God the Father, God the Son, and God the Holy Ghost, to Whom be all honour and glory forever and ever. Amen.

(The Divine Romance)



## The Visitation of the Blessed Virgin Mary

St Charles de Foucauld in his meditation on the Visitation of the Blessed Virgin to her cousin does not dwell on Mary's readiness to help her elderly cousin. In his eyes Mary's visit, while partly a visit of practical charity to assist Elizabeth in the last months of her pregnancy and the birth, was at the same time something else that was more important.

St Charles de Foucauld writes that Mary "set out to sanctify St John, to proclaim the Good News to him, to evangelise and sanctify him, not with words but by silently bringing Jesus to him in his home ... John the Baptist was sanctified, and with him, the whole of Zechariah's family, not through words or an invitation to conversion that would in any case have been impossible, but simply through the presence of the Son of God within her. From before His birth, therefore, Jesus is Saviour with His presence alone."

St Charles then states that all Christians should sanctify and bring Christ to the world "just as Mary sanctified John by going to his home and bringing Jesus Himself, the living Gospel, within her."

## Prayer of Blessed Charles de Foucauld

Mary, solicitous Mother in the Visitation, teach us how to listen to the Word, a listening that makes us jump up quickly and leads us toward the situations of poverty where the presence of your Son is needed.

Teach us to bear Jesus, silently and humbly as you did! May our families be in the midst of those who do not know Him to spread His Gospel testifying to it not in words but with our lives; not proclaiming it but living it!

Teach us to travel simply as you did, with our eyes always fixed on Jesus present in your womb - contemplating Him, adoring Him, and imitating Him.

Mary, Woman of the Magnificat, teach us to be faithful to our mission: to bring Jesus to people!

O, beloved Mother, this is your own mission, that Jesus first entrusted to you and which you have willed to share with us. Help us and intercede for us so that we might do what you did in the house of Zechariah: to glorify God and sanctify people in Jesus, thanks to Him and for Him! Amen.



# SOLEMNITY OF THE MOST HOLY TRINITY - YEAR B

## 26 MAY 2024



**"The three Persons are distinct from one another; a sublime knowledge is infused into the soul, imbuing it with a certainty of the truth that the Three are of one substance, power, and knowledge and are one God."**  
- St Teresa of Avila

**Entrance Antiphon:** Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for He has shown us His merciful love.

**First Reading** Deuteronomy 4:32-34, 39-40

## A reading from the book of Deuteronomy

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?'

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, He and no other. Keep His laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

◆ **The word of the Lord.**

**Responsorial Psalm** Ps 32:4-6, 9, 18-20, 22

**R: Happy the people the Lord has chosen to be His own.**

1. The word of the Lord is faithful and all His works to be trusted. The Lord loves justice and right and fills the earth with His love. **R.**
2. By His word the heavens were made, by the breath of His mouth all the stars. He spoke; and they came to be. He commanded; they sprang into being. **R.**
3. The Lord looks on those who revere Him, on those who hope in His love, to rescue their souls from death, to keep them alive in famine. **R.**

4. Our soul is waiting for the Lord. The Lord is our help and our shield. May Your love be upon us, O Lord, as we place all our hope in You. **R.**

**Second Reading** Romans 8:14-17

## A reading from the Letter of St Paul to the Romans

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit Himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing His sufferings so as to share His glory.

◆ **The word of the Lord.**

**Gospel Acclamation** cf. Apoc 1:8

**Alleluia, alleluia!** Glory to the Father, the Son, and the Holy Spirit: to God Who is, Who was, and Who is to come. **Alleluia!**

**Gospel** Matthew 28:16-20

## A reading from the holy Gospel according to Matthew

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw Him they fell down before Him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to Me. Go therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

◆ **The Gospel of the Lord.**

**Communion Antiphon:** Since you are children of God, God has sent into your hearts the Spirit of His Son, the Spirit Who cries out: Abba, Father.

**Scripture readings from the Jerusalem Bible**

## Prayer to the Most Holy Trinity

Glory be to the Father, Who by His almighty power and love created me, making me in the image and likeness of God. Glory be to the Son, Who by His Precious Blood delivered me from hell, and opened for me the gates of heaven. Glory be to the Holy Spirit, Who has sanctified me in the sacrament of Baptism, and continues to sanctify me by the graces I receive daily from His bounty. Glory be to the Three adorable Persons of the Holy Trinity, now and forever. Amen.



**Sacred Heart Parish Church**  
*Roman Catholic Diocese of Armidale*  
**Solemnity of the Most Holy Trinity - Year B**  
**May 26th, 2024**

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Website: [www.sacredheartinverell.org.au](http://www.sacredheartinverell.org.au)  
Facebook: Sacred Heart Catholic Church Inverell  
Holy Trinity School Ph: 02 6722 4066  
**Parish Office Hours:**  
Monday 27 May & Friday 31 May - 8am to 1pm  
Tuesday 28 May - 8am to 12pm  
**Administrator:** Fr Paul Chandler  
**PPC Chair:** Mr David McMahon  
**Holy Trinity Principal:** Mrs Jillian Rainger  
**Parish Secretary:** Peter Turner



**MASS INTENTIONS  
FOR THE WEEK**

**We pray for:** Repose of the souls of those in Purgatory.  
the Recently Deceased:

Colleen Makim, Lynette Gurr, Patrick McCormack,  
Richard Noonan, Betty Crawford, John McLean.

**the sick:**

Charlie McGregor, Princess Catherine, Danielle Irwin,  
Sue Barwick, King Charles III, Bob McGuire, Robert  
Sanders, Peter Moroney, Christopher Pay, Jeanette  
Keightley, Phillip Matthews, Neville Barwick, Fr Barry  
Leech, Lara Bentley, Paula Lennon, Danny Dickins,  
Elizabeth Albany, Fr David Crabb, Rebecca Lane,  
Brian Barker, Clare Lockwood, Margaret Kahler, and  
**all the sick members of our parish.**

Please contact the priest on 67221103 for home visits  
to the homebound and the sick

**PLANNED GIVING PROGRAM FOR THE SUPPORT  
OF THE CLERGY AND THE PARISH**

**1st Collection:** Presbytery (for support of priest)  
BSB 082105 Account No. 001023550  
Account Name: Sacred Heart Presbytery Inverell Savings Ac.  
**2nd Collection:** Church upkeep, maintenance, expenses  
BSB 082105 Account No. 001013072

Account Name: Sacred Heart Parish Inverell  
For those on the Planned Giving Program could you **please**  
**quote your surname and envelope number for the**  
**reference.**

**Planned Giving Program:** If you wish to join the planned  
giving program, please contact the parish office.

**MAY - THE HOLY MONTH OF THE  
BLESSED VIRGIN MARY**

**MONDAY 27th**

Feast Day of St Augustine of Canterbury, bishop  
**No Mass - Church open from 8am to 1pm**

**TUESDAY 28th**

Tuesday of the 8th week of Ordinary Time  
**Rosary - 11.30am**

**Holy Mass - 12 Noon**

**Holy Hour - 4.30pm to 5.30pm**

**WEDNESDAY 29th**

Feast Day of St Paul VI, pope

**Holy Mass - 9.15am at HTS**, Patronal Feast; all Parishioners  
are welcome

**THURSDAY 30th**

Thursday of the 8th week of Ordinary Time  
**11am Catholic Schools Week Mass, Armidale**

**FRIDAY 31st**

**Feast Day of the Visitation of the Blessed Virgin Mary**  
**Rosary 8:30am**

**Holy Mass - 9.00am**

**Holy Hour - 4.30pm to 5.30pm**

**JUNE - THE HOLY MONTH OF THE  
SACRED HEART OF JESUS**

**SATURDAY 1st**

**First Saturday & Feast Day of St Justin, martyr**

**Confession - 8.00am**

**Rosary - 8.30am**

**Votive Mass of the Immaculate Heart of Mary - 9.00am**

**Rosary - 5.00pm**

**Holy Mass of Sunday & Benediction - 5.30pm**

**SUNDAY 2nd**

**Solemnity of the Most Holy Body & Blood of Christ**

**Rosary - 8.30am**

**Holy Mass & Benediction - 9.00am**

**Sacrament of Confession**

Sunday: 8.00am to 8.30am

Tuesday: 5.00pm to 5.30pm

Thursday: 1.00pm to 1.30pm

Friday: 5.00pm to 5.30pm

Saturday: 4.45pm to 5.15pm

(and at any time upon request)

**OTHER MASSES: (May to August times)**

*McLean Village* Each 4th Thursday - 10.00am

2nd Saturday - *Bundarra*, St Mary of the Angels - 3.00pm

3rd Saturday - *Ashford*, St Patrick's Church - 3.00pm

4th Saturday - *Tingha*, St. Francis' Church - 3.00pm

5th Saturday - *Yetman*, St Joseph the Worker - 2.30pm

Baptism - Saturdays & Sundays at 10.30am

Marriages and Funerals by Appointment

**PARISH NEWS AND NOTICES**

**A friendly reminder**

Please maintain a respectful atmosphere of reverence before  
and after each Mass so those praying may do so without  
distraction. Any conversation should be conducted quietly.  
Also, please remember to turn off your mobile devices.

*"By devoutly assisting at Holy Mass you render the greatest  
homage possible to the Sacred Humanity of Our Lord."*

- St Leonard

**ALTAR SOCIETY ROSTER FOR MAY**

Pat Bailey & Kay Gardner

**HOME ROSARY**

*"How beautiful is the family that recites the  
Rosary every evening."* - Pope St John Paul II

Bernie & Colleen Graham

11 Diamond Street, Tingha

**Wednesday 29 May at 4.30pm**

**UPCOMING PARISH EVENTS**

Men's Breakfast - Sat 8 June 2024, 8.30am, Out the Back Café

Sunday Morning Tea - Sun 9 June 2024, after Mass

Liturgy Committee - Sat 15 June 2024, 9.00am

Finance Committee - Wed 31 July 2024, 5.00pm

Pastoral Council - Wed TBA 2024, 5.00pm



**In the Footsteps of Mary MacKillop  
Pilgrimage - 15 to 26 October**

The Sisters of St Joseph of the Sacred  
Heart extend an invitation to all

parishioners to join them in this year's pilgrimage, from 15 to  
26 October 2024. The pilgrimage will visit sacred sites in VIC,  
SA, & NSW. To find out more information please phone  
02 8912 4818 or email [national.pilgrimage@mmp.org.au](mailto:national.pilgrimage@mmp.org.au) or  
visit their website [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au).



**Prayer to the Sacred Heart  
by St Margaret Mary Alcoque**

Lord Jesus, let my heart never rest until it  
finds You, Who are its centre, its love, and its  
happiness.

By the wound in Your heart pardon the sins  
that I have committed whether out of malice

or out of evil desires.

Place my weak heart in Your Own Divine Heart, continually  
under Your protection and guidance, so that I may persevere  
in doing good and in fleeing evil until my last breath. Amen.

**Prayer in Honour of the Blessed Virgin Mary**

Hail Mary, White Lily of the Glorious and always serene  
Trinity. Hail brilliant Rose of the garden of heavenly delights:  
O you, by whom God wanted to be born and by whose milk  
the King of Heaven wanted to be nourished! Nourish our  
souls with effusions of divine grace. Amen.



**Praying the Rosary**

The Holy Rosary will continue to be prayed  
before Saturday evening Mass and Sunday  
morning Mass. There are free rosaries and  
pamphlets that provide a step-by-step guide on  
how to pray the Rosary at the paper table.



**First Saturday Prayer of Reparation to the  
Immaculate Heart of Mary**

O Most Holy Virgin, and Our Mother, we  
listen with grief to the complaints of your  
Immaculate Heart surrounded with the  
thorns placed therein at every moment by  
the blasphemies and ingratitude of  
ungrateful humanity. We are moved by the

ardent desire of loving you as Our Mother and of promising  
a true devotion to Your Immaculate Heart. We therefore  
kneel before you to manifest the sorrow we feel for the  
grievances that people cause you, and to atone by our  
prayers and sacrifices for the offences with which they  
return your love. Obtain for them and for us the pardon of  
so many sins. Hasten the conversion of sinners that they  
may love Jesus Christ and cease to offend the Lord, already  
so much offended. Turn your eyes of mercy towards us, that  
we may love God with all our heart on earth and enjoy Him  
forever in Heaven. Amen.



**2024 ADIG - Parish Distribution**

The distribution for our Parish was paid on  
the 10th May 2024 in the amount of  
\$51,900. The success of ADIG is directly related to your  
continued support of our existing investors many of whom  
reside within our Parish. This distribution assists our Parish  
immensely. Please support the work of ADIG.

**Poor Boxes**

Don't forget you can help our local Vinnies by making a  
donation to the Poor Boxes in the Church.

MASS ROSTER	25May-Sat 5.30pm	26May-Sun 9am	01Jun-Sat 5.30pm	02Jun-Sun 9am
<b>Projector</b>	N Turner	P Girle	J Kelly	R McGregor
<b>Readers</b>	J Kelly & M Gaukroger	J Rainger & MJ Guest	S Szumowski & R Moffitt	B McGrath & J Monie
<b>Commentator</b>	N McCosker	C Bruse	J Harris	MJ Guest
<b>Offertory</b>	Volunteers	S Kenny & C Bruse	Volunteers	Volunteers
<b>Extraordinary Ministers  of Holy Communion</b>	M Gaukroger	G Johnson	R Moffitt	MJ Guest
<b>Counters</b>		P Turner		B Baldwin & J Frater